



Bio-Identical Hormone Replacement

As seen on Oprah, is in Los Alamitos

By Loreen Berlin

News-Enterprise

The Bio-Identical Hormone Replacement story that aired recently on Oprah and is printed in the "O" Magazine this month, first aired right here in Los Alamitos on the Los Al TV3 channel on the "Wellness and Rejuvenation" show produced by Dr. Lorraine Urbina, D.C., and Licensed Aesthetician.

The story also broke in the News-Enterprise before it aired on national TV.

Now, Urbina through her Suddenly Younger and Slimmer office, 4132 Katella Ave., Ste. 202, in Los Alamitos, is hosting a free seminar and open house regarding Bio-identical Hormone Replacement - Monday Feb. 9, at 7 p.m. - there will be a "surprise" Valentine treat - so please be prompt.

There is relief from hot flashes. Dr. Sauveur Ghozland, Ob/Gyn, a leading authority in the field of Natural Hormonal Replacement Therapy, also known as Bio-Identical Hormone Therapy, takes a natural and safer approach at Suddenly Younger & Slimmer, with bio-identical hormones.

Some patients report that in four days after the MesoPellet implant they have felt more energy and more mental clarity than they've experienced in years.

Some patients report not needing estrogen cream and still not feeling in the doldrums as they usually would. Other patients cheerfully reported losing five pounds only three days after the Meso-Pellet implant.

Ghozland is European trained and has practiced in France, Israel, and now the United States.

In 1999 Ghazland became board certified in anti-aging medicine and has been looking more and more into helping Baby Boomers look and feel younger and better.

Choosing the age you want to look and feel may be just around the corner. Choosing the age you want to be, depends on how well your body reacts to the pellet and how physiological we can get you, Ghazland said. The trend seems to be to get you peaking about where your hormone levels were in their early-to-mid 30s.

Ghozland said the MesoPellet is interesting because in today's modern world there are many different ways to administer medications as well as hormone replacement therapy, noting that most Western doctors and doctors who use only conventional medicine are used to hormone pill replacement through patches and creams.

What the pellet does, is gives you a natural substance that by-passes the liver and in doing so alleviates a lot of the side affects we see with hormones, he said.

The MesoPellet, slowly releases natural bio-identical hormones into the body that are exactly the same as those produced by the human body. They originate from natural plants such as soy or yams and are made by a compound pharmacy that consists of the hormonal structure of human estradiol or testosterone.

The method helps patients achieve overall well being by balancing the body's hormones, and works with each individual's body to provide the correct dosage, based on their lab work, as the body needs it.

The MesoPellet is a small rice- or grain-sized pellet that is inserted into the middle layer of skin in the upper hip area after a local anesthetic is applied. The individualized treatment lasts up to four months and can be repeated after a blood test is given to monitor the hormone levels.

Ghozland, in speaking about menopause and andropause/male menopause, said that as women progress in years, there is a sharp drop in hormone levels with a quick and noticeable change in the quality of life feeling great one day and the next day asking, "What are these hot flashes?" "For men it's an extremely gradual decline," he said. The MesoPellet for men has actually introduced a natural testosterone that re-establishes energy levels and that rigor of life that we take for granted; we no longer need to accept feeling old.

Ghozland said the objective of the pellet is to increase the physiology concentration of the natural production of testosterone that increases memory and energy and brings back the joy of life, to enhance the quality of life for both men and women.

Some benefits include: Better overall well being and performance, reducing hot flashes and night sweats, accelerating fat burning and weight loss, enhancing libido and energy, reducing memory loss, helping combat osteoporosis, improving emotional state and outlook, and helping patients look, feel and act younger.

Free Seminars are available to the community featuring MesoPellet and bio-identical hormones, sponsored by Dr. Lorraine Urbina, D.C., Registered Trigenics Physician, and Licensed Aesthetician, who practices with Dr. Ghozland in Los Alamitos.