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MesoPellet implant brings back youth and mental clarity in many people

by LOREEN BERLIN
Special to the News-Enterprise

From "Newsweek," featuring menopause, to the Dr. Phil show and LATV3 in Los Alamitos – a "Hot News-Flash Relief:" Drs. Sauveur and David Ghozland, Ob/Gyn's, who are leading authorities in the field of Natural Hormonal Replacement Therapy, also known as Bio-Identical Hormone Therapy, take a natural and safer approach at Suddenly Younger & Slimmer, in Los Alamitos, with bio-identical hormones. Some patients report that in four days after the MesoPellet implant they have felt more energy and more mental clarity than they've experienced in years.

Some patients reported not needing estrogen cream and still not feeling "in the doldrums" as they "usually would have." Other patients cheerfully reported losing five pounds only three days after the Meso-Pellet was implanted.

Dr. Sauveur Ghozland is European trained and has practiced in France, Israel, and now the United States. Dr. David Ghozland currently practices in Beverly Hills in association with Cedars Sinai Medical Center and St. Johns Health Center in Santa Monica.

In 1999 Dr. Sauveur became board certified in anti-aging medicine and has been looking more and more into helping "Baby Boomer's" look and feel younger and better.

"I practice Ob/Gyn," said Dr. David; "however, through family influence and seeing what my patients really desire, I have come to the conclusion that there are definitely beneficial alternatives to enhancing the quality of life for both men and women," he said.

Choosing the age you want to look and feel "may" be just around the corner. "Choosing the age you want to be, depends on how well your body reacts to the pellets and how physiological we can get you," Dr. David said. "The trend seems to be to



Photo by Loreen Berlin

Pictured (from left) are Drs. Sauveur and David Ghozland, both Ob/Gyn's who recently appeared on the "Wellness & Rejuvenation Show" on LATV3 in Los Alamitos to discuss the MesoPellet Natural Hormone Replacement Therapy. Dr. David Ghozland also appeared on the Dr. Phil show.

get you peaking at about what your hormone levels were in their early-to-mid 30's," he said.

Dr. David said the Meso-Pellet is interesting because in today's modern world there are many different ways to administer medications as well as hormone replacement therapy, noting that most Western doctors and doctors who use only "conventional" medicine are used to hormone pill replacement through patches and creams.

"What the pellet does, is gives you a natural substance that by-passes the liver and in doing so alleviates a lot of the side affects we see with hormones," Dr. David said.

The Meso-Pellet, slowly releases natural bio-identical hormones into the body that are exactly the same as those produced by the human body. They originate from natural plants such as soy or yams and are made by a compound pharmacy that consists of the hormonal structure of human estradiol or testosterone.

The method helps patients achieve overall well being by balancing the body's hormones, and works with each individual's body to provide the cor-

rect dosage, based on their lab work, as the body needs it.

The Meso Pellet is a small rice- or grain-sized pellet that is inserted into the middle layer of skin in the upper hip area after a local anesthetic is applied. The individualized treatment lasts up to four months and can be repeated after a blood test is given to monitor the hormone levels.

Dr. David, in speaking about menopause and andropause/male menopause, said that as women progress in years, there is a sharp drop in hormone levels with a quick and noticeable change in the quality of life – feeling great one day and the next day asking, "What are these hot flashes."

"For men it's an extremely gradual decline," he said. "The MesoPellet for men has actually introduced a natural testosterone that re-establishes energy levels and that rigor of life that we take for granted; we no longer need to accept feeling old."

Dr. David said the objective of the pellet is to increase the physiology concentration of the natural production of testosterone that increases

memory and energy and brings back the joy of life, to enhance the quality of life for both men and women.

Some benefits include: Better overall well being and performance, reducing hot flashes and night sweats, accelerating fat burning and weight loss, enhancing libido and energy, reducing memory loss, helping combat osteoporosis, improving emotional state and outlook, and helping patients look, feel and act younger.

Free seminars are available to the community on a monthly basis featuring MesoPellet and bio-identical hormones, sponsored by Dr. Lorraine Urbina, D.C., Registered Trigenics Physician, and Licensed Aesthetician, who practices with Dr. Sauveur in Los Alamitos and teaches a Life Skills class on Happiness at the Boys & Girls Club of Buena Park and the Precious Life Shelter in Los Alamitos.

She shares the following tips to enhance happiness for Women in Business: In addition to balancing your hormones, eat a healthy diet, exercise regularly and get enough rest.

Improving your relationship with yourself and others is a great life skill to improve your own happiness. Focus on the positive; you may want to consider making five positive communications to one negative communication for others and your self.

Have more patience and kindness for others and for yourself. The regular discipline of keeping a Happiness/Gratefulness Journal can also help refocus your thoughts.

Write down what went right each day and write down who and what you are grateful for. Then consider thanking those people and acknowledging your appreciation of them as well.

For information, call Suddenly Younger and Slimmer at (562) 596-1019 or visit www.suddenlyyoungerandslimmer.com, or view The Wellness and Rejuvenation Show on Los Al TV3, at various times.